



# MENU

## SUSHI SUNDAY SPECIAL

16H00 - 20H00

20% OFF LUNCH BOXES OR SUSHI PLATTERS  
SIT-IN ONLY

### CALIFORNIA ROLLS - 4 PIECE



A CALIFORNIA ROLL AKA INSIDE-OUT ROLL, IS A ROLL WITH THE RICE ON THE OUTSIDE & NORI (SEAWEED) ON THE INSIDE WITH CUCUMBER, AVOCADO & ONE OF OUR DELICIOUS FILLINGS.

SALMON	R58	PRAWN	R58
SPICY SALMON	R58	PRAWN TEMPURA	R65
SMOKED SALMON	R56	CRAB	R50
SALMON & CHEESE	R65	CRISPY CHICKEN	R50
TUNA	R58	VEG	R50
SPICY TUNA	R58		

### FASHION SANDWICH - 4 PIECE



SIMILAR TO THE CALIFORNIA ROLL WITH RICE ON THE OUTSIDE, BUT RECTANGULAR. YOUR FAVOURITE FILLING, CONTAINED BY NORI ON EITHER SIDE, COVERED BY A LAYER OF RICE & COATED IN SESAME SEEDS.

SALMON & CHEESE	R65	SPICY TUNA	R60
SALMON	R62	PRAWN	R60
SPICY SALMON	R62	CRAB	R58
SMOKED SALMON	R62	CRISPY CHICKEN	R58
TUNA	R60	VEG	R58



### HAND ROLLS - 1 PIECE

TRADITIONAL SUSHI INGREDIENTS CONTAINED IN A CONE OF NORI. THEY ARE CALLED HAND ROLLS BECAUSE THEY ARE MADE 'BY HAND' AS OPPOSED TO WITH A MAKISU, THE SMALL BAMBOO MAT USED TO ROLL MAKI ROLLS.

SALMON	R55	PRAWN TEMPURA	R52
SPICY SALMON	R55	CRAB	R45
TUNA	R52	CRISPY CHICKEN	R45
SPICY TUNA	R52	VEG	R45
PRAWN	R52		

### MAKI - 4 PIECE

MAKI AKA MAKI ZUSHI BASICALLY MEANS "ROLLED SUSHI". RICE WRAPPED IN NORI (SEAWEED) WITH ONE FILLING.



SALMON	R45	AVO	R37
TUNA	R42	CRAB	R37
PRAWN	R42	CUCUMBER	R34



### RAINBOW ROLL - 4 PIECE

SIMILAR TO THE CALIFORNIA ROLL BUT WITH EXTRA STRIPS OF FISH & AVOCADO ACROSS THE TOP, GIVING IT A "RAINBOW" EFFECT.

SALMON	R65
TUNA	R60
AVO	R55
SALMON, CREAM CHEESE & STRAWBERRY	R65

### NIGIRI - 2 PIECE

A SLICE OF FISH OR CRAB ON TOP OF A SMALL BED OF RICE, ALSO THE MOST COMMON FORM OF SUSHI OUTSIDE JAPAN.



SALMON	R56	PRAWN	R52
TUNA	R52	CRAB	R45

### ROSES - 2 PIECE

REVERSING THE TRADITIONAL ORDER OF MAKI, FISH IS WRAPPED AROUND A SMALL CORE OF RICE, TOPPED WITH MAYONNAISE & CAVIAR.



SALMON	R65
TUNA	R58
SEARED SPICY TUNA	R60

### SASHIMI - 3 PIECE

A JAPANESE DELICACY OF VERY FRESH, THIN SLICES OF RAW FISH, WITH A SPICY OPTION.



SALMON	R70	TUNA	R69
SPICY SALMON	R70	SPICY TUNA	R69

## SUSHI CAKES

WE CATER!

SPOIL YOUR GUESTS WITH A CUSTOM MADE PLATTER OR SUSHI CAKE AT YOUR NEXT EVENT!  
GIVE US A SHOUT AT [INFO@TOULAS.CO.ZA](mailto:info@toulas.co.za) & WE WILL TAILOR THE PERFECT PACKAGE FOR YOU!



# CHEF'S CHOICES

## PHILLY ROLL - 4PC

CREAM CHEESE & AVO CALIFORNIA ROLL, TOPPED WITH SMOKED SALMON & SESAME SEEDS

R55



## PAUL'S PRAWN - 4PC

PRAWN CALIFORNIA ROLL TOPPED WITH HALF A TEMPURA PRAWN SMOTHERED IN TANGY MAYO

R80



## SALMON CRUNCH - 4PC

DEEP FRIED SALMON, AVO & CUCUMBER CALIFORNIA ROLL, TOPPED WITH SPICY MAYO, SESAME SEEDS, SPRING ONION & SWEET CHILLI SAUCE

R80



## MYSTERY ROLL - 4PC

DEEP FRIED SMOKED SALMON, CREAM CHEESE & AVO CALIFORNIA ROLL, TOPPED WITH SPRING ONION & 7 SPICE

R57



## WASABI PARCEL - 4PC

3 LAYERS OF WASABI, SALMON, MAYO & SEAWEED TOPPED WITH MAYO & CAVIAR

R68



## TUNA CRUNCH - 4PC

DEEP FRIED TEMPURA TUNA CALIFORNIA ROLL ROLLED IN BREADCRUMBS & DEEP FRIED AGAIN, TOPPED WITH MAYO & SWEET CHILLI SAUCE

R68



## SALMON CALIFORNIA DREAMING - 4PC

SPICY SALMON & AVO CALIFORNIA ROLL, WRAPPED WITH SALMON & AVO, TOPPED WITH SPICY MAYO, CAVIAR, SPRING ONION & TERIYAKI SAUCE

R68



## EXECUTIVE CALIFORNIA ROLL - 4PC

SALMON & AVO CALIFORNIA ROLL, TOPPED WITH TEMPURA PRAWN, AVO, MAYO & CAVIAR

R78



# CHEF'S CHOICES

## SPRING ROLLS - 2PC

2 DEEP FRIED SPRING ROLLS SERVED WITH SWEET CHILLI SAUCE

CHICKEN  
VEC

R25  
R20



## BATTLESHIPS - 2PC

AVO, RICE & MAYO WRAPPED IN A TOFU POCKET WITH A FILLING OF YOUR CHOICE

SALMON	R60	CRAB	R46	VEC	
PRAWN	R60	CRISPY CHICKEN	R46		

R46



## THE WHOLE 9 YARDS - 4PC

PRAWN & AVO CALIFORNIA ROLL, WRAPPED WITH SALMON & TUNA, TOPPED WITH MAYO, CAVIAR, SESAME SEEDS & TERIYAKI SAUCE

R80



## SPICY MAYO PRAWN - 4PC

SPICY PRAWN CALIFORNIA ROLL, TOPPED WITH A PRAWN SMOTHERED IN SPICY MAYO, TERIYAKI SAUCE & SPRING ONION

R90



## DRAGON ROLL - 4PC

PRAWN TEMPURA & AVO CALIFORNIA ROLL, TOPPED WITH SALMON, AVO & NORI STRIPS, SMOTHERED WITH YUMMY SAUCE, MAYO, SPRINKLED WITH CRUNCHES & SESAME SEEDS

R80



## PRAWN & SALMON DELUXE ROSES - 2PC

SALMON ROSES DRESSED IN TERIYAKI SAUCE, TOPPED WITH HALF A TEMPURA PRAWN & DRENCHED WITH TANGY MAYO

R65



# CHEF'S CHOICES

## VOLCANO ROLL - 4PC

TEMPURA PRAWN, AVO & CREAM CHEESE CALIFORNIA ROLL, TOPPED WITH SPRING ONION, 7 SPICE, MAYO & SWEET CHILLI SAUCE

R65



## PRAWN TEMPURA - 3PC

3 DEEP FRIED PRAWNS SERVED WITH SWEET CHILLI SAUCE

R55



## THE BUSINESS END - 4PC

PRAWN TEMPURA & CREAM CHEESE CALIFORNIA ROLL, TOPPED WITH SMOKED SALMON, DYNAMITE SAUCE, TERIYAKI SAUCE, CAVIAR & SPRING ONION

R82



## 911 - 4PC

TUNA, AVO & CUCUMBER CALIFORNIA ROLL, TOPPED WITH TUNA & CRISPY ONION DRESSED WITH MAYO, YUMMY SAUCE & SRIRACHA SAUCE

R60



## KFC ROLL - 4PC

SEASONED CRISPY CHICKEN, CUCUMBER & AVO CALIFORNIA ROLL, TOPPED WITH AVO, BLACK PEPPER, SESAME OIL, YUMMY SAUCE & SPRING ONION

R55



## STRAWBERRY BLAZE - 4PC

CREAM CHEESE & STRAWBERRY CALIFORNIA ROLL, TOPPED WITH MAYO, CONDENSED MILK & SEVEN SPICE

R60



# LUNCH BOXES

## YUMMY BOX

4 MYSTERY ROLLS | 4 DRAGON ROLLS | 4 AVO MAKI

R165



## MC CARTNEY BOX

4 AVO MAKI | 4 VEG FASHION SANDWICH | 4 VEG CALIFORNIA ROLL

R130

## CASH BOX

3 SALMON SASHIMI | 4 SALMON FASHION SANDWICH | 4 SALMON & CHEESE CALIFORNIA

R180

## JACKSON BOX

4 PAUL'S PRAWN | 2 SALMON ROSES | 3 PRAWN TEMPURA

R175

## SCRUMPTIOUS BOX

4 SALMON CRUNCH | 2 SALMON BATTLESHIP | 3 PRAWN TEMPURA

R175

## CHEF'S BOX

4 PAUL'S PRAWN | 4 TUNA CRUNCH | 2 SALMON NIGIRI

R185



## HOT BOX



2 SEARED SPICY TUNA ROSES | 4 SPICY TUNA CALIFORNIA ROLLS | 4 WASABI PARCELS

R170

## BANG BANG BOX

4 SALMON CALIFORNIA DREAMING | 4 TUNA CRUNCH | 3 SALMON SASHIMI

R195



# LUNCH BOXES

## CHICKEN & VEG BOX

4 VEG CALIFORNIA ROLLS | 4 CRISPY CHICKEN CALIFORNIA | 4 KFC ROLLS

R145



## DELICIOUS BOX

4 BUSINESS END | 4 SALMON RAINBOW ROLLS | 2 SALMON ROSES

R195

## RITCHIE BOX

1 SALMON HAND ROLL | 3 SALMON SASHIMI | 2 SALMON ROSES

R175



## LENNON BOX (V)

2 VEG BATTLESHIP | 4 VEG CALIFORNIA ROLLS | 4 AVO RAINBOW ROLLS

R145

## MONROE BOX

4 TUNA CALIFORNIA | 4 SALMON FASHION SANDWICHES | 2 SALMON NIGIRI

R160



## BIRDIE BOX

4 CHICKEN FASHION SANDWICHES | 4 AVO MAKI | 4 CHICKEN CALIFORNIA ROLLS

R140

## TARANTINO BOX

4 SPICY SALMON CALIFORNIA | 4 SALMON RAINBOW ROLLS | 4 AVO MAKI

R150



# PLATTERS

## ALL YOU'LL NEED PLATTER - 20PC



4 SALMON ROSES  
4 TUNA CRUNCH  
4 SALMON BATTLESHIPS  
4 PAUL'S PRAWN  
4 SALMON & CHEESE FASHION SANDWICHES

R395

## HUNGER BUSTA PLATTER - 20PC



4 SALMON ROSES  
4 BUSINESS END  
4 PHILLY ROLLS  
4 VOLCANO ROLLS  
4 SALMON CRUNCH

R360

## BADDABOOM PLATTER - 22PC



6 SALMON SASHIMI  
4 MYSTERY ROLLS  
4 SALMON CALIFORNIA DREAMING  
4 DRAGON ROLLS  
4 SALMON & CHEESE CALIFORNIA

R370

## PIGGY PLATTER - 32PC



8 SALMON RAINBOW  
8 SALMON FASHION SANDWICH  
8 AVO MAKI  
4 PRAWN TEMPURA CALIFORNIA  
4 SALMON ROSE

R440

## SASHIMI PLATTER

- 9 PIECE

- 12 PIECE



R195

R265

## MOTHER PLATTER - 32PC



4 SALMON CALIFORNIA ROLLS  
4 PRAWN CALIFORNIA ROLLS  
4 SALMON RAINBOW ROLLS  
4 SALMON ROSES  
4 TUNA CRUNCH  
4 PRAWN NIGIRI  
4 CRAB MAKI  
4 SALMON & CHEESE FASHION SANDWICHES

R465

## CODFATHER PLATTER - 48PC



8 SALMON CALIFORNIA DREAMING  
8 DRAGON ROLLS  
8 VOLCANO ROLLS  
8 PAUL'S PRAWN  
8 TUNA CRUNCH  
8 MYSTERY ROLLS

R750

